

7.3. Trigonometric substitution. (Sec. 7.3 in the textbook)

The following are frequently used trigonometric substitutions.

- (1) For $\sqrt{a^2 - x^2}$, we set $x = a \sin \theta$ with $\theta \in (-\pi/2, \pi/2)$.
- (2) For $\sqrt{a^2 + x^2}$, we set $x = a \tan \theta$ with $\theta \in (-\pi/2, \pi/2)$.
- (3) For $\sqrt{x^2 - a^2}$, we set $x = a \sec \theta$ with $\theta \in (0, \pi/2)$ or $\theta \in (\pi, 3\pi/2)$.

Example 7.5. To compute $\int \sqrt{1 - x^2} dx$, we set $x = \sin \theta$ with $\theta \in (-\pi/2, \pi/2)$. This implies $dx = \cos \theta d\theta$ and

$$\int \sqrt{1 - x^2} dx = \int \cos^2 \theta d\theta = \frac{1}{2} \int (1 + \cos 2\theta) d\theta = \frac{\theta}{2} + \frac{\sin 2\theta}{4} + C = \frac{\sin^{-1} x}{2} + \frac{x\sqrt{1 - x^2}}{2} + C.$$

Example 7.6. Let A be the area of the region enclosed by $\frac{x^2}{a^2} + \frac{y^2}{b^2} = 1$. Clearly, $A = \frac{2b}{a} \int_{-a}^a \sqrt{a^2 - x^2} dx$. Applying the substitution $x = au$, we have

$$A = 2ab \int_{-1}^1 \sqrt{1 - u^2} du = ab(\sin^{-1} u + u\sqrt{1 - u^2}) \Big|_{-1}^1 = \pi ab.$$

Example 7.7. Consider the integral $\int \frac{1}{x^2\sqrt{x^2+4}} dx$. Let $x = 2 \tan \theta$ with $\theta \in (-\pi/2, \pi/2)$. This implies $dx = 2 \sec^2 \theta d\theta$ and

$$\int \frac{1}{x^2\sqrt{x^2+4}} dx = \frac{1}{4} \int \frac{\sec \theta}{\tan^2 \theta} d\theta = \frac{1}{4} \int \frac{\cos \theta}{\sin^2 \theta} d\theta.$$

Through the substitution $u = \sin \theta$, one has $du = \cos \theta d\theta$ and hence

$$\int \frac{1}{x^2\sqrt{x^2+4}} dx = \frac{1}{4} \int \frac{du}{u^2} = -\frac{1}{4 \sin \theta} + C = -\frac{\sec \theta}{4 \tan \theta} + C = -\frac{\sqrt{x^2+4}}{4x} + C,$$

where the last equality uses the fact $\sqrt{x^2+4} = 2 \sec \theta$.

Example 7.8. To find $\int \frac{dx}{\sqrt{x^2-a^2}}$ with $a > 0$, we set $x = a \sec \theta$ with $\theta \in (0, \pi/2)$. Then, $dx = a \tan \theta \sec \theta d\theta$ and

$$\int \frac{dx}{\sqrt{x^2-a^2}} = \int \sec \theta d\theta = \ln |\tan \theta + \sec \theta| + C = \ln |x + \sqrt{x^2-a^2}| + C,$$

where the last equality is a result of the fact $\tan \theta + \sec \theta = \frac{x+\sqrt{x^2-a^2}}{a}$.

Example 7.9. Consider the integral $\int_0^{3\sqrt{3}/2} \frac{x^3}{(4x^2+9)^{3/2}} dx$. By letting $x = \frac{3}{2} \tan \theta$ with $\theta \in [0, \pi/2)$, we have

$$\begin{aligned} \int_0^{3\sqrt{3}/2} \frac{x^3}{(4x^2+9)^{3/2}} dx &= \frac{3}{16} \int_0^{\pi/3} \frac{\tan^3 \theta}{\sec \theta} d\theta = \frac{3}{16} \int_0^{\pi/3} \frac{\sin^3 \theta}{\cos^2 \theta} d\theta \\ &= \frac{3}{16} \int_0^{\pi/3} \frac{\sin \theta}{\cos^2 \theta} d\theta - \frac{3}{16} \int_0^{\pi/3} \sin \theta d\theta = \frac{3}{16} \int_0^{\pi/3} \frac{\sin \theta}{\cos^2 \theta} d\theta - \frac{3}{32}. \end{aligned}$$

To see the last integral, we set $u = \cos \theta$. This implies $du = -\sin \theta d\theta$ and then

$$\int_0^{\pi/3} \frac{\sin \theta}{\cos^2 \theta} d\theta = - \int_1^{1/2} \frac{du}{u^2} = \frac{1}{u} \Big|_1^{1/2} = 1.$$

Hence, $\int_0^{3\sqrt{3}/2} \frac{x^3}{(4x^2+9)^{3/2}} dx = \frac{3}{32}$.